

Military OneSource

Table of Contents

[Summary](#)

[Links](#)

Summary

Military OneSource is a free support service provided by the Department of Defense. It provides assistance and resources to Servicemembers and their Families on many different issues. Military OneSource is available 24 hours a day, 365 days a year. Services include: counseling, childcare issues, deployment issues, education, elder care, financial and legal issues, Family advocacy, assault prevention, and transitioning to civilian life.

[Back to top](#)

Links

- [Military OneSource - Materials devoted to Guard specific issues](#)
Reserve Component issues page that contains articles, links, and other materials that are specific to the Reserve Component.
- [Military OneSource - Reserve and Guard Benefit Guide](#)
The guide contains information for Guard Soldiers and their Families about all the benefits available, including everything from how to obtain identification cards for Family members, to healthcare information, and life insurance.

[Back to top](#)

02 AUG 10